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DIABETIC CLEANING INSTRUCTIONS

1. If instructed to do so.
2. If bandage is blood soaked, wet, or soiled.

SUPPLIES

Betadine Solution or Providine
Iodine Hydrogen Peroxide
2" gauze/kling

DAILY

1. Shower with bandage on.
2. Immediately remove bandage - apply betadine to gauze and rub gently but extensively on area - repeat twice.
3. Dry with a "CLEAN" towel.
4. Apply Hydrogen Peroxide.
5. Air dry.

Next use 1/2 betadine to 1/2 tap water on bandage (directly to area). Do not let dirt get into the bandage at all. If it does, repeat steps I through 5 again. If you have been instructed to use topical drops, apply this just before putting the dry dressing on. Wrap with betadine soaked gauze to cover area and fluff (open gauze) dressing to toe (area).

If area is not swollen and not draining, you can discontinue dressing changes. If you have any questions regarding these instructions, please call our office.

IF AT ALL POSSIBLE, TRY NOT TO USE ANY TAPE.

REPEAT DAILY