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**VITAMIN SUPPLEMENTS**

1. Alpha Lipolic Acid -  
600-800 mg 2X a Day
2. Carnitine -  
2-4 Grams a Day
3. Inositol -  
500 mg 3X a Day
4. Methylcobalamine -  
1800 mcg 2X a Day
5. Metanx -  
Pills as Prescribed by Doctor
6. Benfotiamine -  
As Prescribed by Doctor