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SOAKING INSTRUCTIONS

1. If instructed to do so.
2. If bandage is blood soaked, wet, or soiled.

SUPPLIES

Betadine Solution or Providine Iodine
Hydrogen Peroxide
2" gauze/kling

DAILY

1. Shower with bandage on.
2. Immediately remove bandage. Soak affected area in one capful of betadine to 2 quarts of warm water for 5-10 minutes.
3. Dry with a "CLEAN" towel.
4. Apply Hydrogen Peroxide.
5. Air dry.

Next use 1/2 betadine to 1/2 tap water on bandage (directly to area). Do not let dirt get into the bandage at all. If it does, repeat steps 1 through 5 again. If you have been instructed to use topical drops, apply this just before putting dry dressing on. Wrap with gauze to cover area and fluff (open gauze) dressing to area.

If area is not swollen and not draining, you can discontinue the dressing changes. If you have any questions regarding these instructions, please call our office.

REPEAT DAILY